



YEAR ONE • YEAR ONE • YEAR ONE • YEAR ONE

Student Resource Guide

Direct Support Professional Training



California Department of Education

AND THE

Regional Occupational Centers and Programs

IN PARTNERSHIP WITH THE

Department of Developmental Services

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Student Resource Guide, Year 1

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Dedication

To everyone who is committed to improving the quality of life for individuals with developmental disabilities.



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Introduction



In 1998, the California Legislature established the Direct Support Professional (DSP) Training Program. The purpose of this program is to enhance quality of care for individuals with developmental disabilities living in licensed Community Care Facilities by ensuring core competencies or skills for all Direct Support Professionals. Upon successful completion of each of the two required 35-hour training segments, you will receive a Direct Support Professional Certificate.

The Department of Developmental Services has engaged the California Department of Education's Regional Occupational Centers and Programs (ROCP) to provide the training in local communities. Each participating ROCP has established an Advisory Committee to assist in meeting community needs.

This Student Resource Guide includes extensive information in each of the training sessions including; expected outcomes, key words, in-class activities, practice and share, session review questions/answers, skill checks and additional reference and resource materials. These materials are to assist you, the Direct Support Professional, in meeting the challenges of your work.

This training is designed to provide the most current knowledge, ideas and resources as well as inspire your creativity and passion for your work. You are encouraged to use this opportunity for personal and professional development to expand your capacity to provide quality services and supports.

Dedication

To everyone who is committed to improving the quality of life for individuals with developmental disabilities.